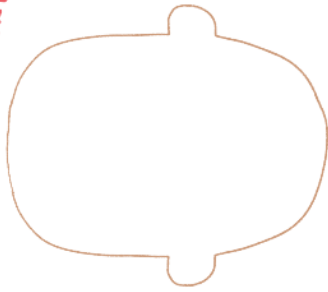


Do Something

Illustration

YOUR FACE
HERE ↙



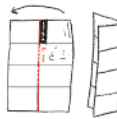
THIS JOURNAL BELONGS TO: _____

DATE: _____

STICK SOMETHING
HERE ↘

(DRAW LEGS ON IT)

Cutout No.3



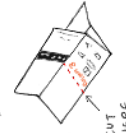
1 CUT OUT YOUR JOURNAL AND FOLD THE PAPER ALONG THE MIDDLE. THE FRONT SHOULD BE ON THE INSIDE OF THE FOLD.



2 FOLD JOURNAL DOWN THE MIDDLE - THIS TIME WITH THE FRONT ON THE OUTSIDE



3 FOLD THE ENDS, BACK TOWARDS THE MIDDLE



4 CUT FROM MIDDLE TO FOLD.



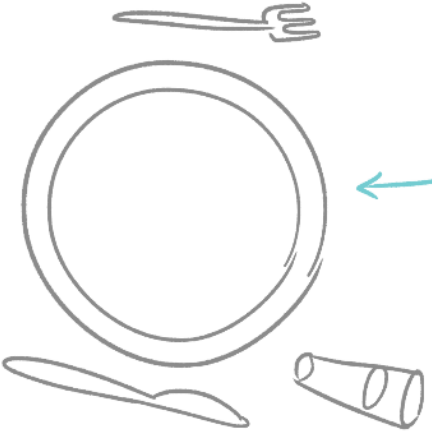
5 PULL PANELS EITHER SIDE OF SUT, APART AND DOWN.



6 FOLD INTO TINY JOURNAL

DATE: _____

FOR DINNER I HAD

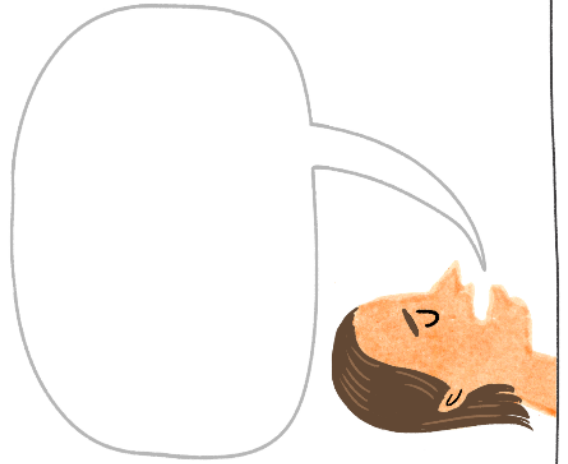


IT WAS _____

ADJECTIVE NEEDED ↖

DATE: _____

WRITE DOWN SOMETHING
YOU OVERHEARD TODAY



DATE: _____

SUM UP YOUR DAY
IN A DRAWING

(GIVE YOURSELF 1 MINUTE)

DATE: _____

MAKE A MESS HERE ↗

DATE: _____

WHAT IS THE BEST THING
THAT HAPPENED TO YOU
TODAY?

AND THE WORST?